

IGDVS Residential Life Pledge Girls Division 2024

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Mission Statement

The residential experience of IGDVS is a dynamic ground for embodying wisdom and kindness. To facilitate this opportunity for growth, IGDVS Residential Life creates a dorm environment that supports students in their academic studies, character growth, and participation within a caring, interdependent community.

Residential Student Code of Conduct

The goal of the Student Code of Conduct is to nurture the personal growth of residential students by providing support in their ongoing learning journey. Through its formal framework, the Student Code of Conduct establishes and conveys principles that uphold the integrity of our learning community and encourage individual development. Earnest engagement with these guidelines supports students' understanding of broader human experiences and contributes significantly to the development of their own character.

Safe Learning Environment: We support each other's learning inside and outside the classroom by being kind, considerate and respectful. We refrain from threatening, violent, or aggressive actions, gestures, and speech.

Compassion: Out of respect for all forms of life, we observe a vegetarian diet and do not intentionally kill or harm living beings. We also do not bring non-vegetarian foods to campus or have weapons on campus.

Clarity and Wisdom: To maintain an environment conducive to mental clarity and wisdom, we do not use alcohol, tobacco, marijuana, or illegal drugs. We also do not bring these items to campus, nor do we come to campus in an intoxicated state.

Study and Spiritual Growth: IGDVS Residential Life is housed on an international spiritual campus that is conducive to developing a balanced livelihood of intellectual, character, and spiritual growth. Participating in daily and weekend retreat sessions is an essential component to residential life.

Dignified Atmosphere of Learning: In keeping with a dignified atmosphere of learning, we dress modestly and respectfully for all.

Clarity and Focus: To minimize distraction, internet access is limited to educational purposes and follows IGDVS internet policy. Digital devices are not allowed without the dorm coordinator's permission.

Trust: To maintain an environment of trust, we recognize what is and is not ours. We refrain from taking the property of others or the community without permission.

Skillful and Harmless Speech: To develop as a community, we practice kind and respectful speech. We use formal language and refrain from using profanity, abusive speech, deceptive speech, and divisive speech.

Residential Life Staff Team

- Dorm Coordinator
- Dorm Assistant Teachers
- Spiritual Life Teachers
- Peer Resident Assistants (RA)

Cooperative Living

IGDVS & CTTB Rules

Residents adhere to all rules of the Instilling Goodness & Developing Virtue Schools (IGDVS) and the City of Ten Thousand Buddhas (CTTB). Cooperative living emphasizes generosity, integrity, patience, vigor, mindfulness, and wisdom.

Prohibited Conduct

The following conduct are strictly prohibited at IGDVS:

- Threatening, violent, or aggressive actions, gestures, and speech.
- Smoking, using and possessing alcoholic beverages, drugs and controlled substances.
- Stealing, gambling, and plagiarism.
- Having any means of communication with the opposite gender students (such as: writing letters, writing email, making video/phone calls, online chatting, and dating).

Violations of IGDVS Code of Conduct may result in disciplinary action.

Weapons

Any weapons, toy weapons, firecrackers, and other dangerous materials are strictly prohibited in the residential halls.

Cooperative Schedules

- Residents respect the dormitory's daily schedule(s).
- During school hours, requests for absence from school and staying at the dormitory due to illness or any other reasons must be approved by the Dorm Coordinator prior to staying at the dorm.

Leaving Dormitory & CTTB

- Lights Out & Quiet Hours are in effect from 10:30 pm to 7:00 am.
- Any residents leaving/entering the dormitory building without permission will trigger the security alarm, and result in a minimum of \$1500 public safety dispatch fee, plus losing all the residential privileges for the term.
- Residents receive dormitory teacher(s)' permission prior to leaving the dormitory.
- Residents leaving CTTB for personal reasons will require at least one month prior communication to the Dorm Coordinator by emailing reslife.girls@igdvs.org, except for emergencies. After the request, residents must have both Dorm Coordinator's written permission and parent(s)'/guardian(s)' written permission prior to leaving CTTB.

Winter, Summer, & Spring Breaks Dormitory Closure

- The dormitory will be closed during winter, summer and spring breaks. Residents shall clean up their room and leave within 3 days of closure.
- The dormitory will be reopened 5 days prior to the beginning of each semester.

Valuables

- For safety concerns, Dorm Coordinator will keep the following valuables for all 7-10th grade residents (optional for juniors and seniors):
 - a. Pocket money, cash, check(s), ATM card(s), and credit card(s).
 - b. Important documentation, such as passports, I-20 forms, and medical insurance cards.
 - c. Electronic devices including cellular phones, iPads, and laptops.
- Residents may get cash from the Dorm Coordinator at cash day of the term. Both residents and the Dorm Coordinator will keep a log sheet for cash withdrawal and balance records.
- IGDVS and CTTB are not responsible for lost or stolen item(s) in the dormitories.

Internet & Electronic Devices

- Without the Dorm Coordinator's permission, residents may not own any electronic devices, such as iPads, MP3 player(s), cellular phone(s), stereo(es), CD/DVD player(s), TV, (play) electronic game(s), music CD(s), and laptops.
- There are computers at the residential Study Hall. Dormitory teacher(s) will monitor computer and internet usage.
- There is a content filter for inappropriate content. Internet usage may be monitored if there is reasonable cause to believe that the school internet policy or any laws are being violated. Improper usage such as private business activities, gambling, sexually related activities, pornographic materials, violation of copyright, harassment, or any illegal

activity is a violation of IGDVS policy and may result in termination of Internet privileges and disciplinary action.

- With the Dorm Coordinator's permission, residents may use their laptops only in Study Hall. No laptops are permitted in bedrooms.
- Audio player(s) and kindle(s) are not permitted in Study Hall.

Video/Phone Calls

Residents will make video calls or phone calls to their parents and family following the agreed schedule.

Cooperative Meeting

Community meetings play a crucial role in building a cooperative community: Checking in, coordinating work, and group decision making.

Cooperative Cleaning

- Residents are responsible for maintaining the condition of their living spaces and cleaning their own room, and all public areas including: study hall, kitchen, living rooms, shower rooms, bathrooms, laundry rooms, storage rooms, hallways and walkways, cleaning and recycling trash.
- All residents will be assigned duties to maintain the upkeep of shared living spaces. It is crucial that each resident completes these duties. Residential Life staff will inspect dormitory cleanliness and tidiness regularly.

Facilities Issues

Residents agree to cooperate with campus staff when room repairs, maintenance, painting, and/or cleanings are required. Residents should report any facilities issues, including plumbing, electrical or structural problems to Residential Life staff immediately.

Room Entry & Doors

- IGDVS is committed to maintaining a safe living environment that is in line with our mission. To this end, IGDVS administrators may enter all living spaces within IGDVS housing at any time without prior notice. Instances that would warrant such entry include: to respond to an emergency situation, to address possible violations of IGDVS policy, and to investigate the cause of fire alarms.
- For safety concerns, all the dormitory public room doors must be open at all times.

Noise

Quiet hours are in effect from 10:30 pm to 7:00 am. During this time residents are expected to keep all conversations to a low voice or whisper.

At all times residents are expected to be respectful and to not make excessive noise. Residents are encouraged to ask others to be considerate and adjust noise levels when it is appropriate. Further, residents are expected to comply with any reasonable requests regarding noise levels. Instances of noise disturbance include: loud volume that comes from computers, social gatherings, and elevated voices. Multiple noise complaints to Residential Life staff may be considered disruptive behavior and could result in disciplinary action.

Arts & Sports

Immersion in the arts and sports is essential in developing a life-long balanced lifestyle. Residents participate in arts and sports activities as a contemplative practice for stress relief and relaxation and observe daily/weekly schedules in the development of arts and sports sensibilities.

Clubs, Games, Workshops, & Field Trips

Extra-curricular activities are vital to foster holistic intellectual, social, emotional, and cultural sensibilities. Residents participate in residential life activities that build the community, global awareness, and varying sensibilities.

Food & Snacks

- Residents prioritize healthy and respectful living by observing a plant based, allium free diet.
- As a Blue Zone (BZ) School, residents practice the Power of 9 and the BZ Food Guidelines as appropriate to the campus policy. Special attention to “slash sugar”; “drink mostly water”; and “snack on nuts” is vital for youth development.
- Residents may not store food in their rooms for reasons of hygiene and pest control.
- Residents may consume food during meal/snack time only, at the kitchen only.
- Residents may not skip meals without permission from the dormitory teacher.

Cooking

- Cooking is only allowed in the kitchen during designated times on the schedule.
- Kitchen food preparation guidelines may be altered according to fire safety or pest control issues.

Laundry

Coin-operated laundry machines are available to residents in the dormitory.

Visitors

- No visitor(s) may enter the dormitory.
- No visitor(s) is allowed to stay overnight at the dormitory.

Mail

Residents receive their mail at the CTTB Administration Office. Resident mail should be addressed as follows:

Resident Name
Developing Virtue Secondary School, Girls Dorm
4951 Bodhi Way
Ukiah, CA 95482

Residential Student Sensibilities Report

The Dorm Coordinator will send a Residential Student Sensibilities Report to student(s)' parent(s)/guardian(s) twice a year. The sensibilities report will include student's residential behavior, character growth, cleanliness, and tidiness.

Contact Us

Please feel free to email us at reslife.girls@igdvs.org if you have any questions.

Credit:

***Author Contributions:* DRBU's Mission Statement, Student Code of Conduct & part of Residential Guide items.**



Instilling Goodness Elementary School
Developing Virtue Secondary School
育良小學 培德中學

City of Ten Thousand Buddhas
2001 Talmage Road, P.O. Box 217, Talmage, California 95481-0217 USA
Boys' School (707) 468-1138; Girls' School (707) 468-3896, (707) 468-3847



IGDVS Residential Life Pledge
Girls Division
Student and Parent/Guardian Agreement Form
育良小學培德中學 女校住宿生活承諾書
學生及家長/監護人同意書

I have read and agree to abide by the IGDVS Residential Life Pledge. I understand that any form of nonobservance of these cooperative living pledge may result in the loss of privileges to the extent of resident membership, depending on the severity of the pledge negligence.

我已閱讀並同意遵守育良培德學校住宿生活承諾書。我明白以任何形式未遵守該合作生活承諾將可能導致失去住宿成員特權乃至失去住宿成員資格，依過失的嚴重程度而定。

Signature of Student

學生簽名

Date

日期

I have read and understood these pledge and will support my child to observe and uphold this pledge in the spirit of cooperative living.

我已閱讀並理解此承諾書，並將支持我的孩子秉承合作生活之精神遵守此承諾書。

Signature of Parent or Guardian

家長簽名

Date

日期

Please return this signed agreement form to the Girls Dorm Coordinator at reslife.girls@igdvs.org prior to arriving at the dormitory. Thank you.

請在學生抵達宿舍之前將此簽署的同意書寄至reslife.girls@igdvs.org 以交回給女校宿舍協調老師，謝謝。